

BACS BULLETIN

March 2023

HWY 28 RR 240

Box 300 Bon Accord, AB T0A 0K0

www.bonaccordschool.ca T: (780) 921-3559

IMPORTANT DATES

March 8 - ICE presentation

- Namao School 6pm

March 10 - Mario day!

- Dress as your favourite Mario Character or wear red or green!

March 13 - PD DAY

- NO CLASSES

March 21 - World Down Syndrome Day

- Wear your most colourful socks!

March 21 and 22 - Parent Teacher Interviews

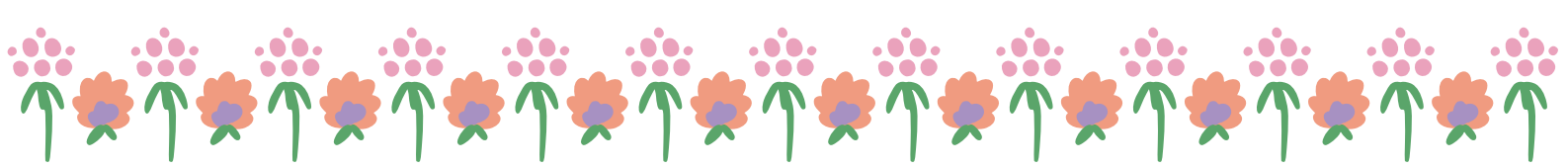
- 4:30-7:30

March 24 - Day in Lieu

- NO CLASSES

March 24-April 2 - SPRING BREAK





from the principal

Dear Bon Accord Community School Families,

How is it already March!? I find that each school year goes more quickly than the last. There are only 4 more weeks until spring break!

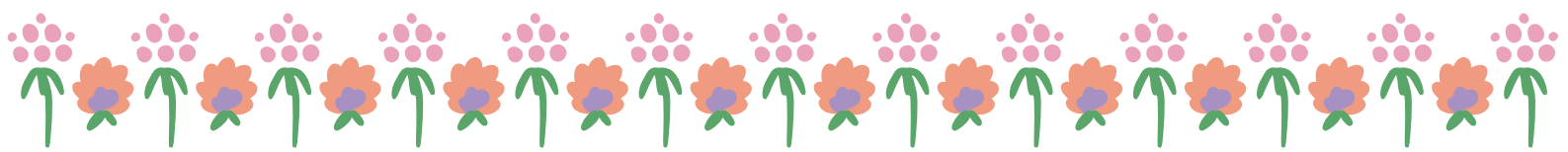
This past month we focussed on Kindness and treating each other well. Students participated in PinK Shirt Day and Random Acts of Kindness week. It was such a pleasure seeing them take care of each other and their community.

We also had a week of inside recesses during the cold snap. For two of the days we had a "Technology Free" recess. We became very aware that many students in our older grades have a hard time socializing appropriately with one another. As a result, we have decided to have a Technology Free March - students are only using technology for instructional purposes. We want students socializing with each other at lunch, recess, free time and learning to work together to solve problems. Some students are having a harder time with the challenge than others, but I am confident that we will see benefits from connecting with one another face to face.

If you were unable to attend the Internet Child Exploitation Presentation we hosted at BACS, I encourage you to try and attend the same presentation being hosted at Namao on March 8th at 6pm. They have very valuable information which really puts into context why we are hyper aware about what our students are getting involved in on technology.

Stay tuned for some exciting information about an Outdoor Classroom project we are hoping to start in the spring!

Ms. Brenneis



Stay Technology Smart

Resources

TikTok
Parent's
Guide

Snapchat
Parent's
Guide

Discord
Parent's
Guide

SAFFRON
Presentation
Foundations
of Connection

Instagram
Parent's Guide

The Canadian Pediatric Society recommends:
No screen time for children under two years old, less than one hour of screen time daily for children between the ages of two and four, and less than two hours of screen time per day for older children.

MORE THAN 29 MILLION REPORTS OF SUSPECTED CHILD SEXUAL EXPLOITATION ARE RECEIVED BY THE NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN ANNUALLY.

That's over 563,461 reports per week.
www.thorn.org

ICE PRESENTATION
MARCH 8, NAMAQ SCHOOL
6PM

MARCH MADNESS BINGO

TAKING CARE OF OUR HEARTS AND HEALTH

Make a fort
in your
living room

Cook a
dinner
together

Go through
family
photos

Read a
book with a
parent

Unplug and
eat dinner at
the table
together

Go for a
walk
together

Play a board
game
together

FREE

Practice gratitude -
each family
member writes
3 things they are
grateful for.

Play a card
game
together

Bake
something
delicious

Take out
books from
the Bon
Accord Library

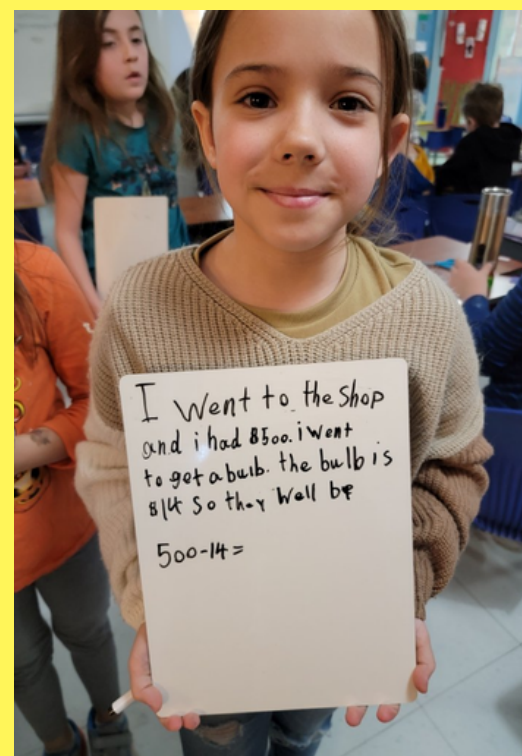
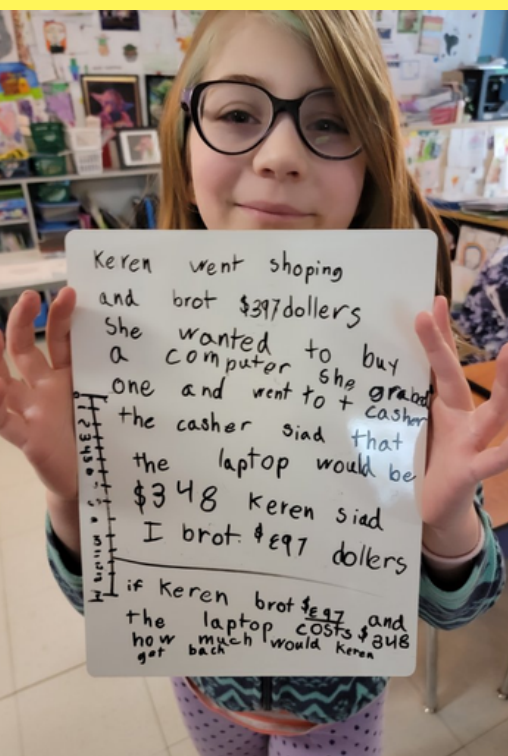
Make
homemade
playdoh

Sing at the top
of your lungs
like no one is
listening

Go for a walk
to Circle K and
get a
treat!

February Highlights





Niskipîsim

Goose Moon

Pronounced: Niss-Gee-PEE-SIM



The Goose Moon is a very exciting moon! As we welcome this new moon we can celebrate that the days are getting longer and we have more time with the sun. We also notice that the plants and trees are starting to wake up, new growth begins to appear. We also hear the familiar honking sound from the sky and we welcome the geese that are returning. When we see this, we know that Spring is right around the corner. In Cree, the word for spring is "sîkwan" which is pronounced see-gwan. One of my favorite things to do during this season is to plan my garden for the coming Summer. How do you and your family like to celebrate the return of Spring? What are some ways you can connect with the land during this season?

Created by: Indigenous School Counsellor Katie Holubowich

BACS SCHOOL CLOTHING IS HERE!

<http://bonaccordcommunityschool.entripyshops.com/>



Shop by item, style, brand, or category!

We have partnered with Entripy.com, Canada's leader in custom apparel, and set up an online spirit wear shop to help students show their school spirit!

Our school's online shop features dozens of items—from t-shirts, to hooded sweatshirts, jackets, toques and even bags from name brands. Shopping is easy and convenient. You can order as few as one item, choose from a selection of pre-approved school logos, and even personalize with your child's name.

Entripy provides a 10% REBATE on Bon Accord Community School shop sales back to our school.

You can order at any time and the clothing is shipped directly to your door!

REGISTRATION IS **NOW OPEN**

FOR THE 2023/24 SCHOOL YEAR



Bon Accord
Community School



Registration for the 2023-2024 school year is now
OPEN!

New and returning K-4 students can register at

<https://www.bonaccordschool.ca/registration>



Wanting to Volunteer?

Get Involved!

- Help out Mrs. Mercer with Breakfasts
- Join a committee on our Program Support Society
- Volunteer to help with Hot Lunches
- Volunteer in Classrooms (criminal record check required)
- School council and PSS Meetings held the last Tuesday of every month at 6:30pm.

Contact our front office for more information!

Nutrien[®]
Feeding the Future[™]

**A big thank you to
Nutrien for their
generous donation of
\$4000 to our Nutrition
Program!**

Stay Informed!

There's always something happening in Sturgeon Public School Division!

SUBSCRIBE TO OUR DIVISION NEWSLETTER

<https://www.sturgeon.ab.ca/>

[See our school Education Plan here](#)

SPS GUIDING PRINCIPLES

Excellence in Teaching

Shared Responsibility

Mutual Respect

Belonging

Learning Choices

Communication

STURGEON PUBLIC SCHOOLS

TRUSTEE TALK

Updates from the Board of Trustees for our Sturgeon Public school community



[Read the February Trustee Talk Here](#)



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[Follow BACS on Facebook](#)



BON ACCORD COMMUNITY SPORTS

Organization is underway in the community for both soccer and baseball for the spring season, starting May 1.

The volunteer group is targeting soccer divisions U5, U7, U9 and U11 with potential for U3 or higher levels depending on interest. Also currently exploring interest in t-ball and coach pitch baseball also.

**Please reach out to
bonaccordsports@gmail.com
to express interest and to
volunteer.**



Community Supports



<https://www.bonaccord.ca/>



Bon Accord Gibbons Food Bank

The mission of the Bon Accord Gibbons Food Bank is to provide help to individuals and families in crisis by providing clients with quality, nutritious food. If you or someone you know requires assistance, please contact us at 780-923-2344. Messages are checked daily and all inquiries are answered within 24 hrs.

Did you know that Sturgeon Public School Division also has access to Social Workers?

They can help connect families to various community supports, mental health supports, navigating new systems, and many other areas.

Contact the school for more information.



Easter Egg Hunt

GOOD FRIDAY, APRIL 7, 2023

FREE! AGES 1 - 12 YEARS

BON ACCORD COMMUNITY SCHOOL

*PLEASE BRING YOUR OWN BAG/BASKET & CAMERA FOR PHOTOS WITH THE **EASTER BUNNY!***

LIMITED TIME SLOTS AVAILABLE:

- 10:00 A.M. - 10:30 A.M.
- 10:45 A.M. - 11:15 A.M.
- 11:30 A.M. - 12:00 P.M (NOON)

SCAN TO REGISTER!



REGISTRATION REQUIRED BY FRIDAY, MARCH 31 AT 3:30 P.M.
SCAN THE CODE ABOVE TO REGISTER OR CALL 780-921-3550